

F A B T E C H   S Y S T E M S

**FDE**

POSTERIOR DYNAMIC ELEMENT



Fabrication Method



This PDE fabrication presentation is designed to display elements of the fabrication processes with accompanying images to better visualize the fabrication process. Please make sure to refer to the PDE and BOA Closure Instructions that are included in the PDE packaging and on our website for more fabrication detail.

**Note: Lay-Up Schedules.**

***This presentation is our recommended minimum Lay-up schedule. More material may be needed for heavy or highly active users and less materials for low activity users.***



Using a 1/8" thick soft plastic interface material (Proflex™ with silicone) Pull the proximal posterior cuff. Be sure to make this section large enough to extend 1 ½" past midline join of anterior shell and posterior cuff. Label this piece with patient information and set aside for finishing.



Using a 1/8" thick semi dense soft foam (Black Puff) pull a seamless boot for the entire foot section. Label this piece with patient information and set aside for finishing.



Using 1/8" thick polypropylene pull the entire model using the same technique you would use for a standard plastic AFO. Ensure there are no wrinkles or excessive stretch within the trim lines. This will serve as both a spacer for the plastic and foam liners as well as a releasable surface to laminate on.

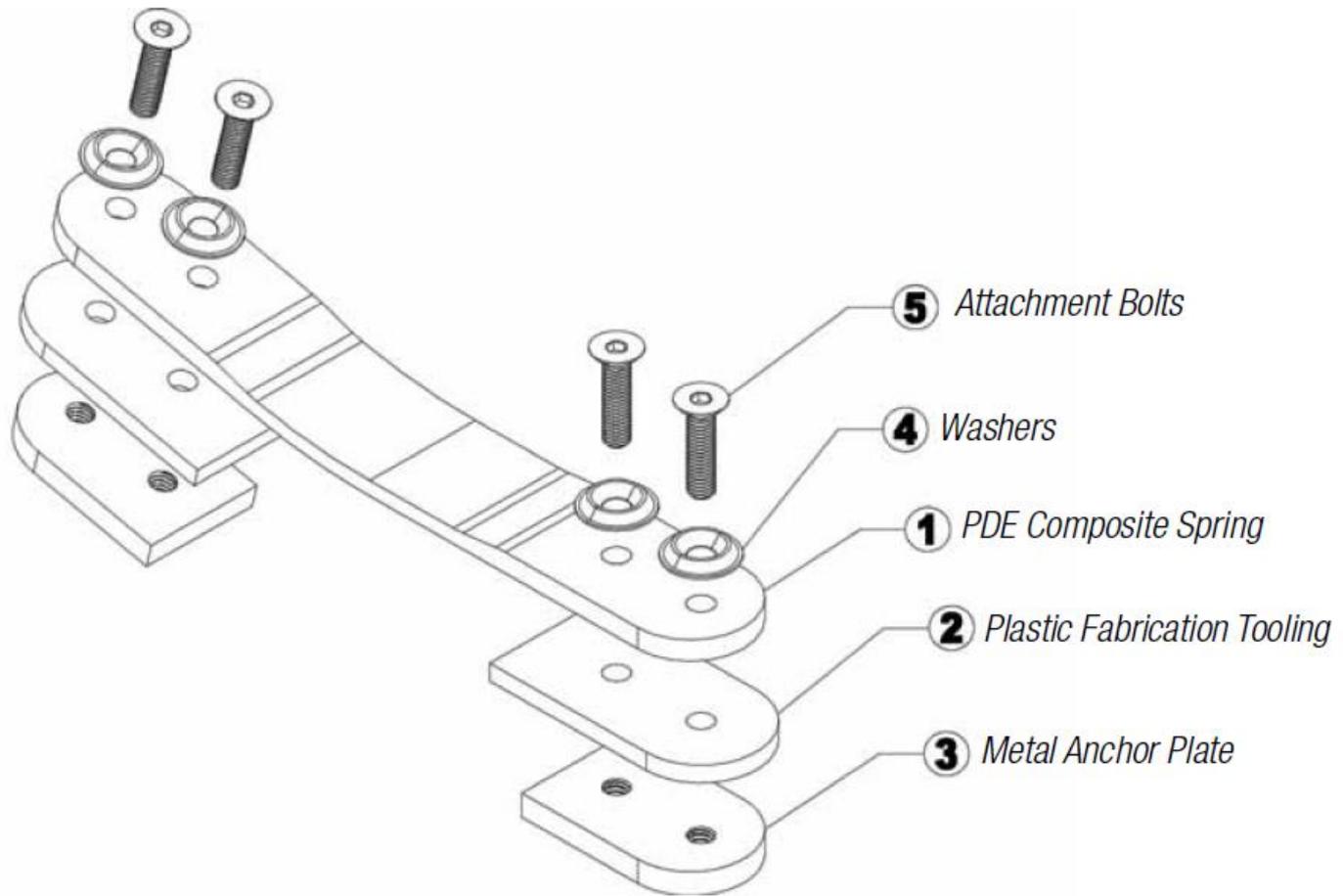


Keep the plastic join/seam as clean and straight across the shin section as possible. Trim away all excess plastic. Using grinding and buffing equipment smooth the plastic join/seam on the shin section focusing on the area within the trim lines.



**The PDE spring is not symmetrical. The bend is closer to the distal end of the spring. Shown here the distal location of the spring is to the right side.**

*Note: The PDE logo sticker on the face of the spring will be in the upright "readable" position.*



Assemble components in this configuration.



For fitting and attachment to the model the spring is assembled as shown. The white Delrin™ tooling must be included as this to maintain proper final alignment and space for the lamination materials.



#1. Position the spring setup on the posterior of the model keeping it proximal enough of the heel to allow clearance in shoes  $\sim 3 \frac{1}{2}''$  to  $3 \frac{3}{4}''$ .

#2. Once the position has been determined mark the model with two marks. One mark will show the distal edge of the cuff and the other to show the proximal edge of the foot plate.





Add the trim line mark up for cuff design.

The Medial/lateral split for the proximal cuff should follow the coronal plane.





Proposed trim lines of the cuff system as well as the proposed routing pathways for the closure system.



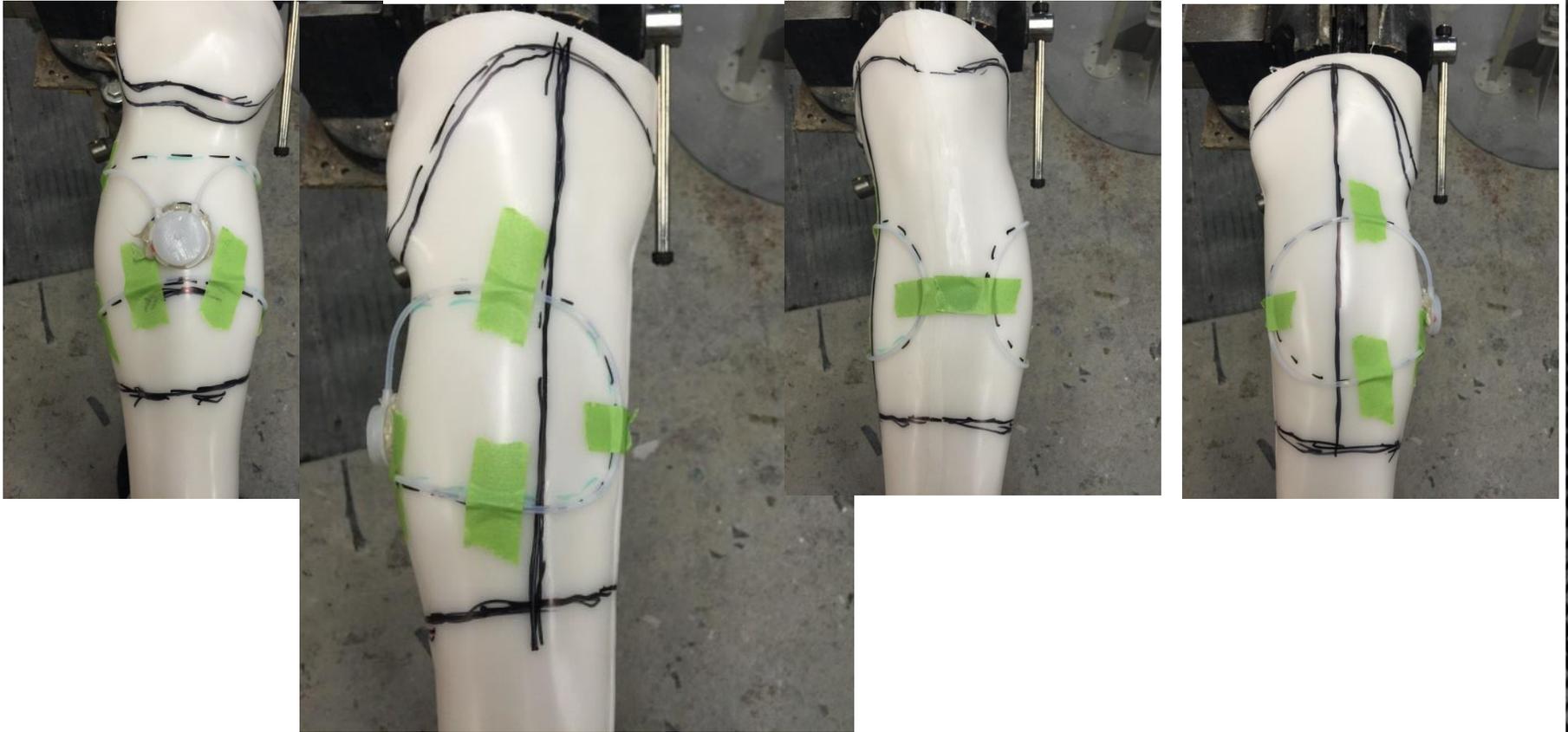
*Note: Keep Teflon™ tubing system away from proposed trim line edges by 1" if possible. Trim line adjustment may be needed during patient fitting.*

Using a coarse sand paper abrade the Teflon™™ housing so it will stay secure in the laminate.

*Note: This method displays the housing not using the supplied covered material tube braid.*



The easiest way to do this is by folding the sand paper and pulling the Teflon™™ through.



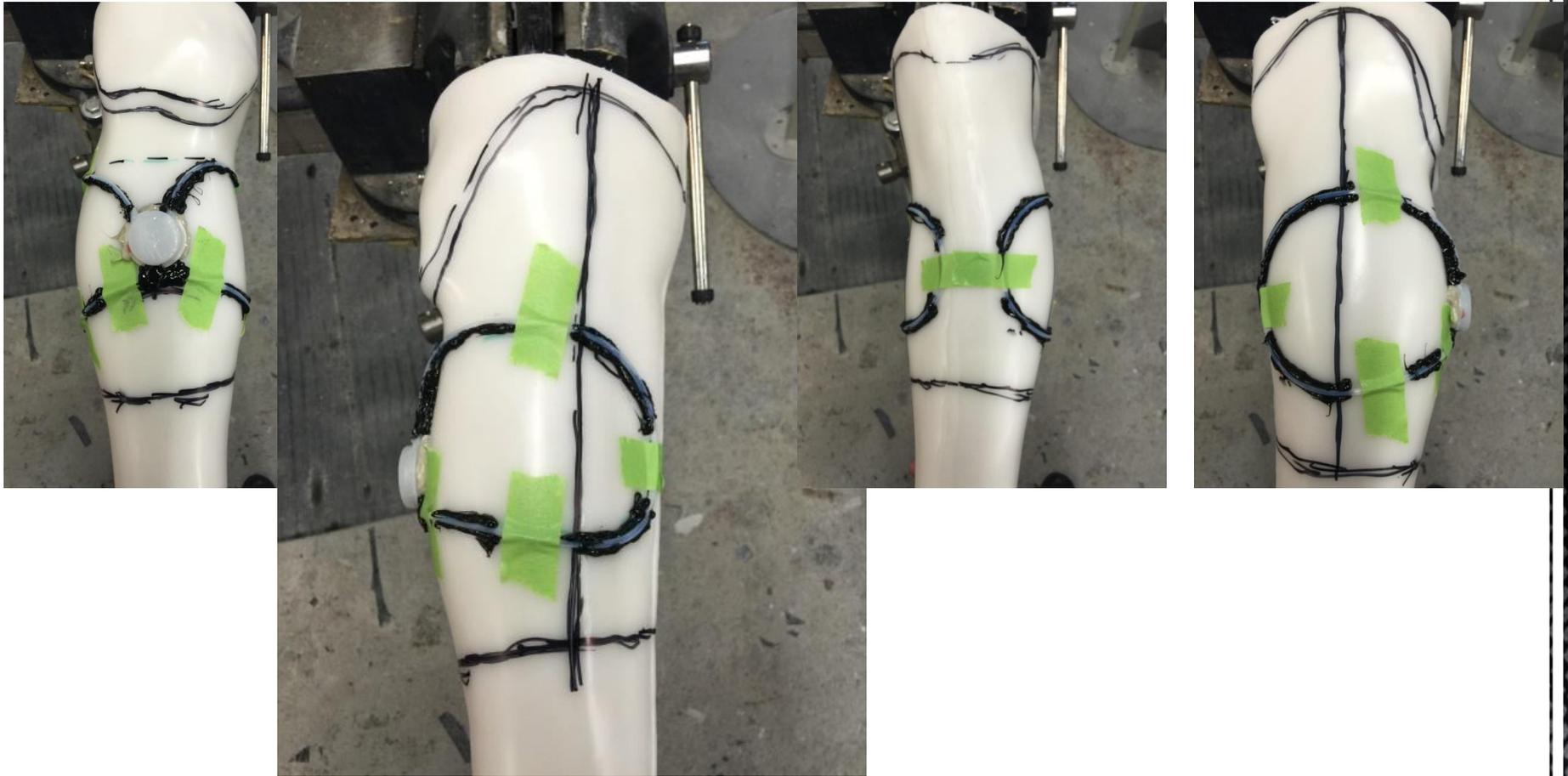
Tape Teflon™ tubing into position.

Teflon™ should be long enough to reach the center of the dial system.

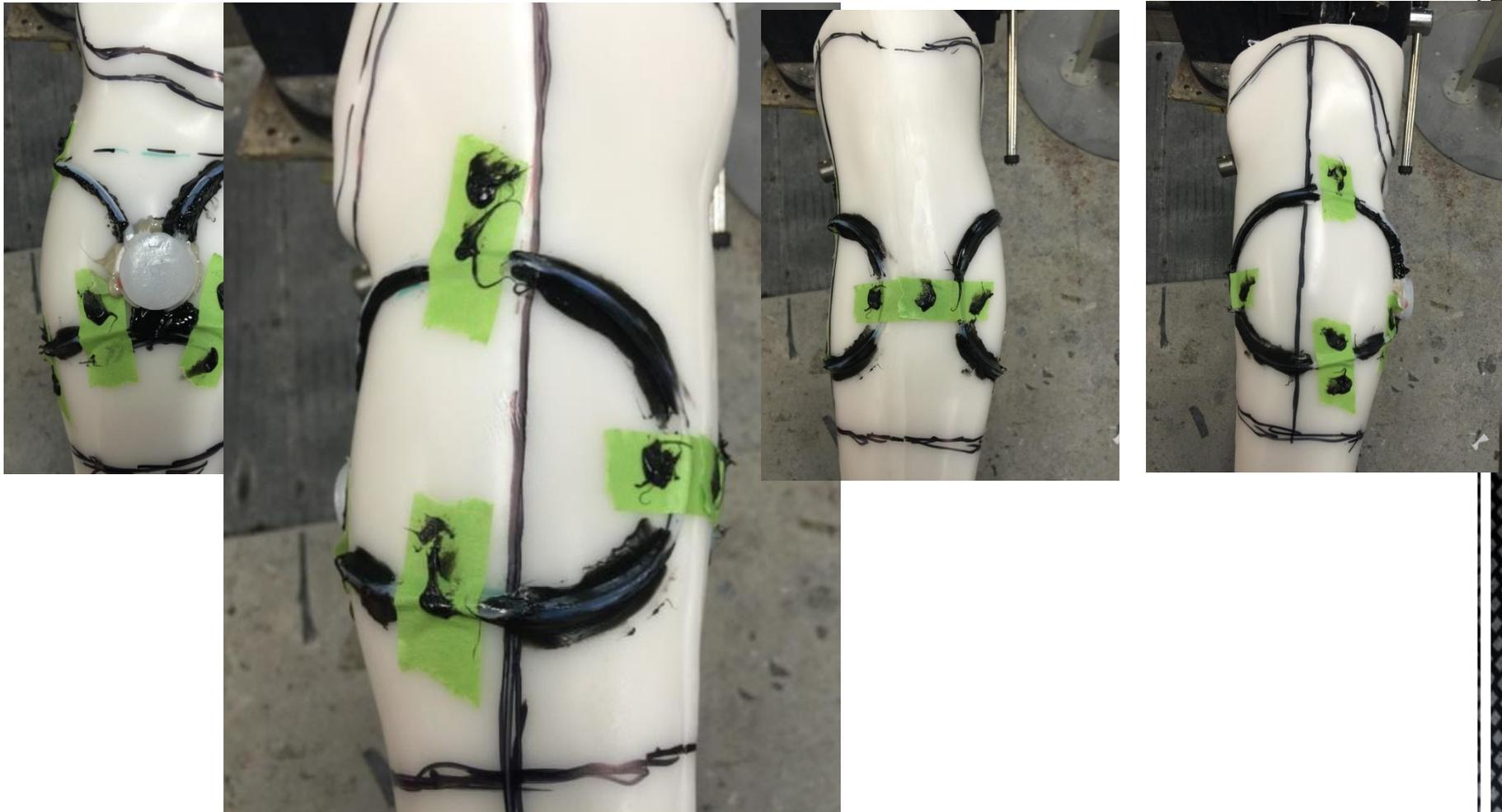


Plug Teflon™ ends with clay.

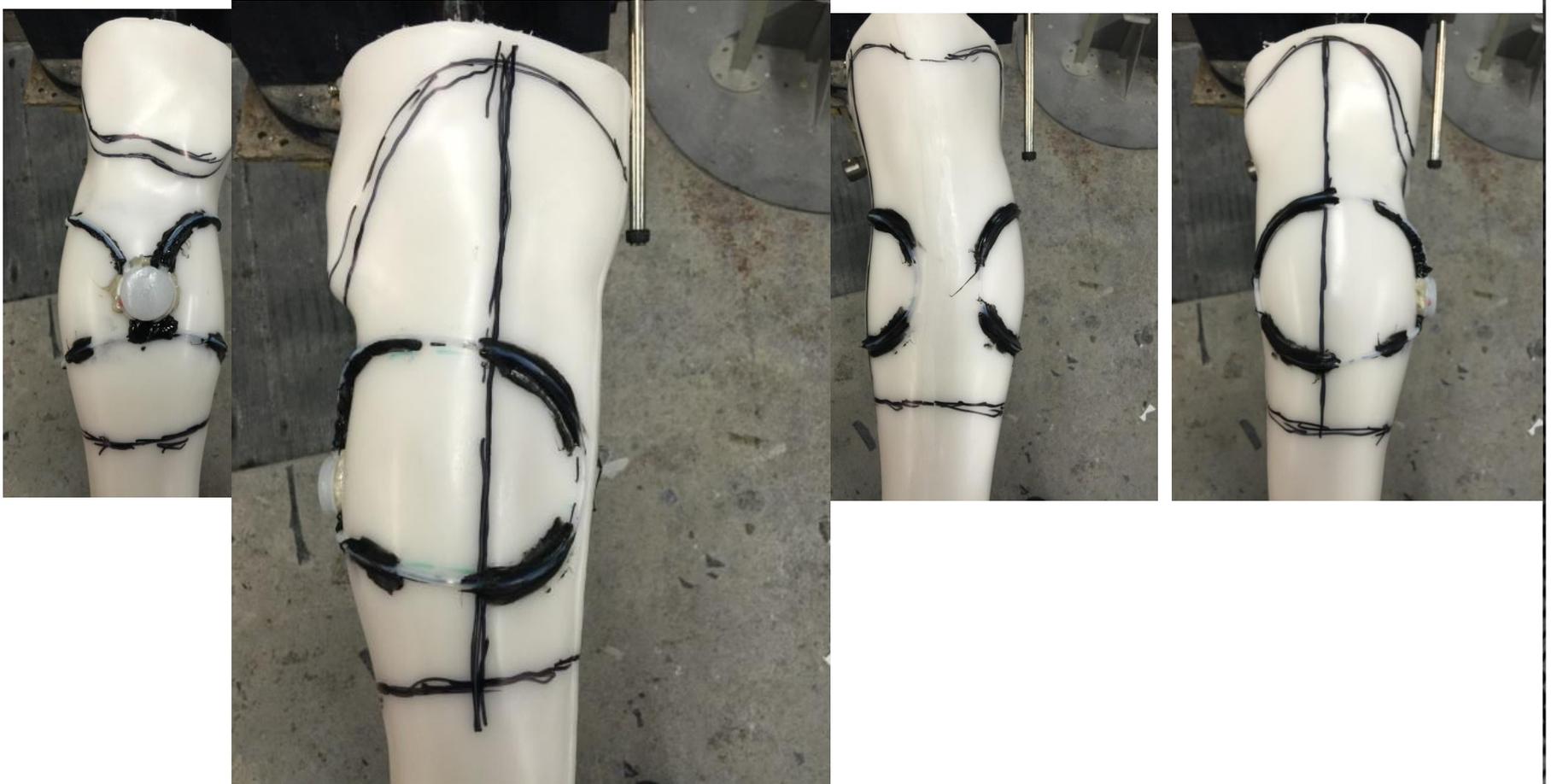




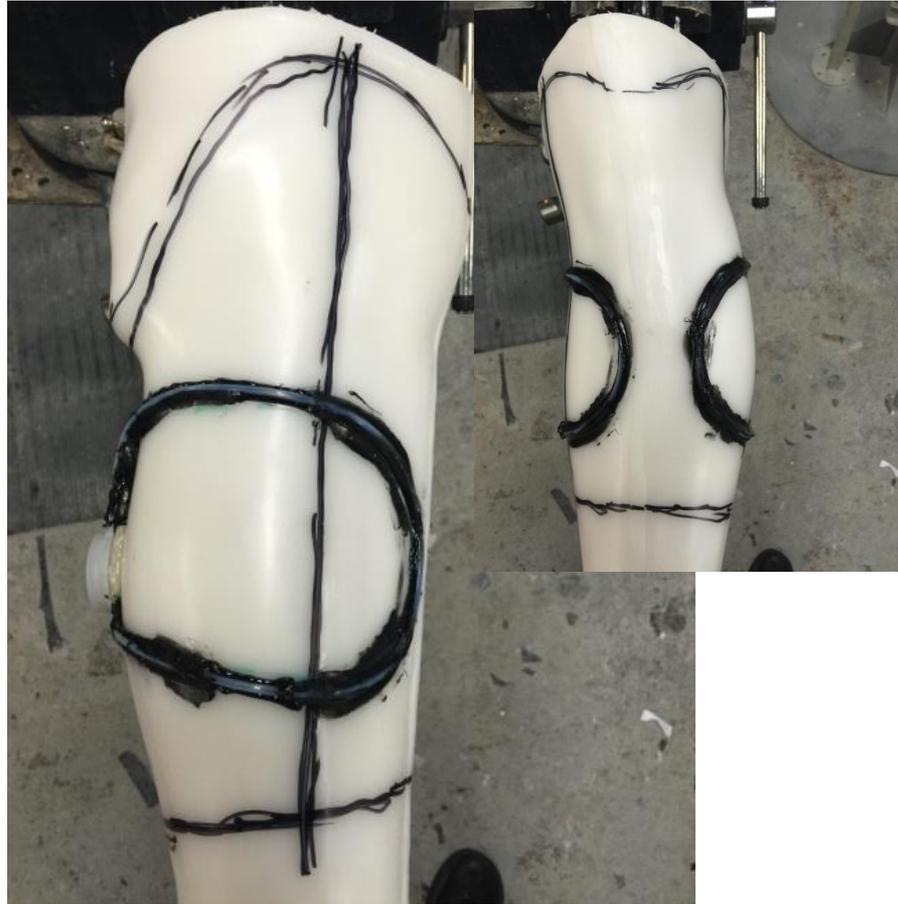
With the Teflon™ tubing in position using masking tape. Use Composite 1 adhesive to liberally glue down the exposed Teflon™ .



Wipe excess adhesive off of the routed tubing. The masking tape is a great place to wipe all excess that isn't needed.



Once the Composite1 adhesive has cured remove the masking tape. Use additional Composite1 adhesive and bond the open areas.



Wait 10 minutes for the adhesive to fully cure and bond to the Teflon™ tubing.

Using a blade or tip of a screwdriver carefully peel the cured tubing (complete) assembly off of the plastic and safely put aside for future placement.



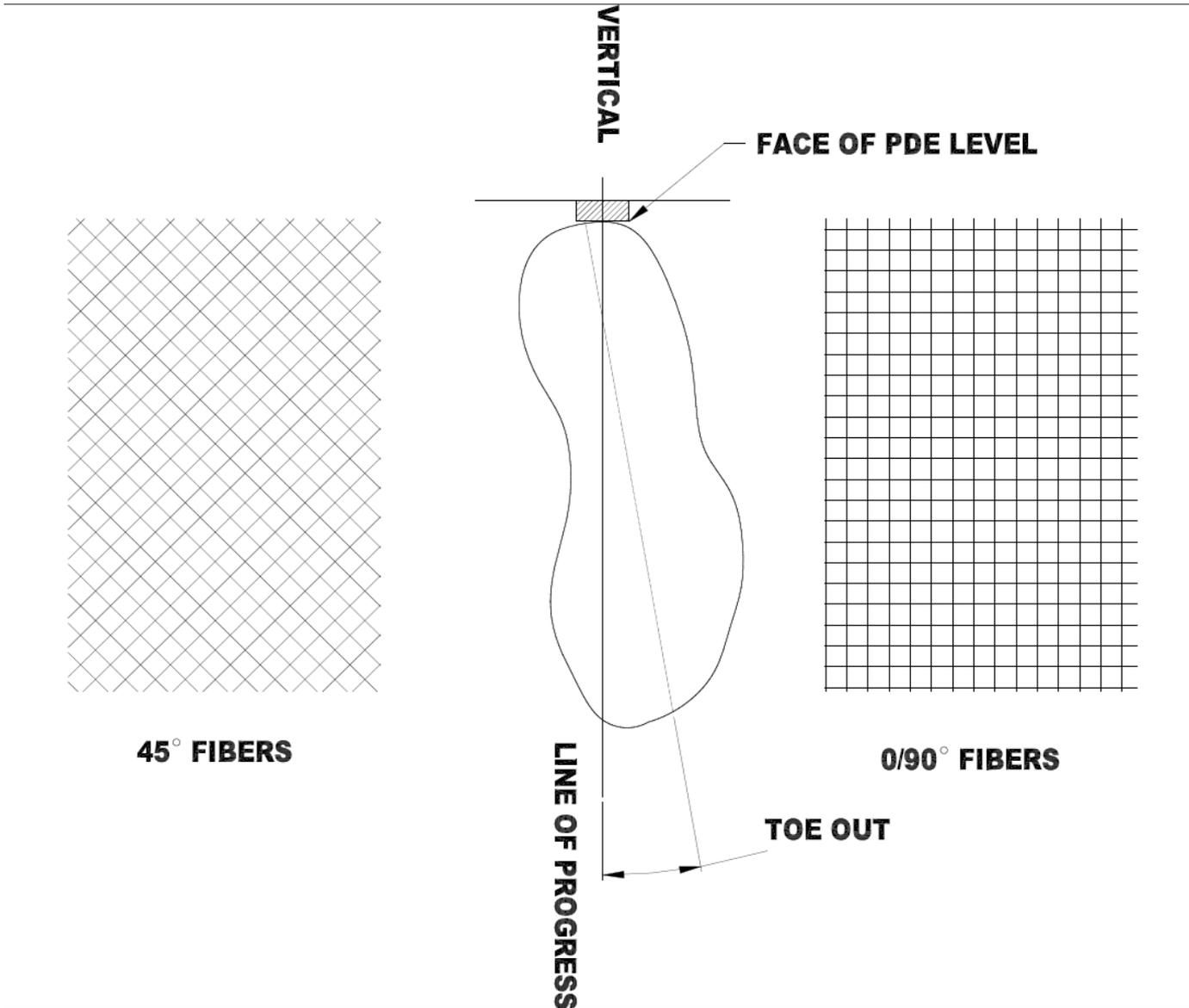
Place the model on the table with the forefoot flat on the table. Using a square mark a vertical line for reference.



This reference mark is the ideal placement for the spring. In the event this mark is noticeably off center of the calf it is ok to alter it within a few degrees for aesthetics.



In a horizontal holder (vice) orient the model in a toe down position and set toe out. This will leave the line of progression in a vertical orientation.



Model in pipe holder with toe out set.



Fill both anchors with  
Composit1 adhesive.



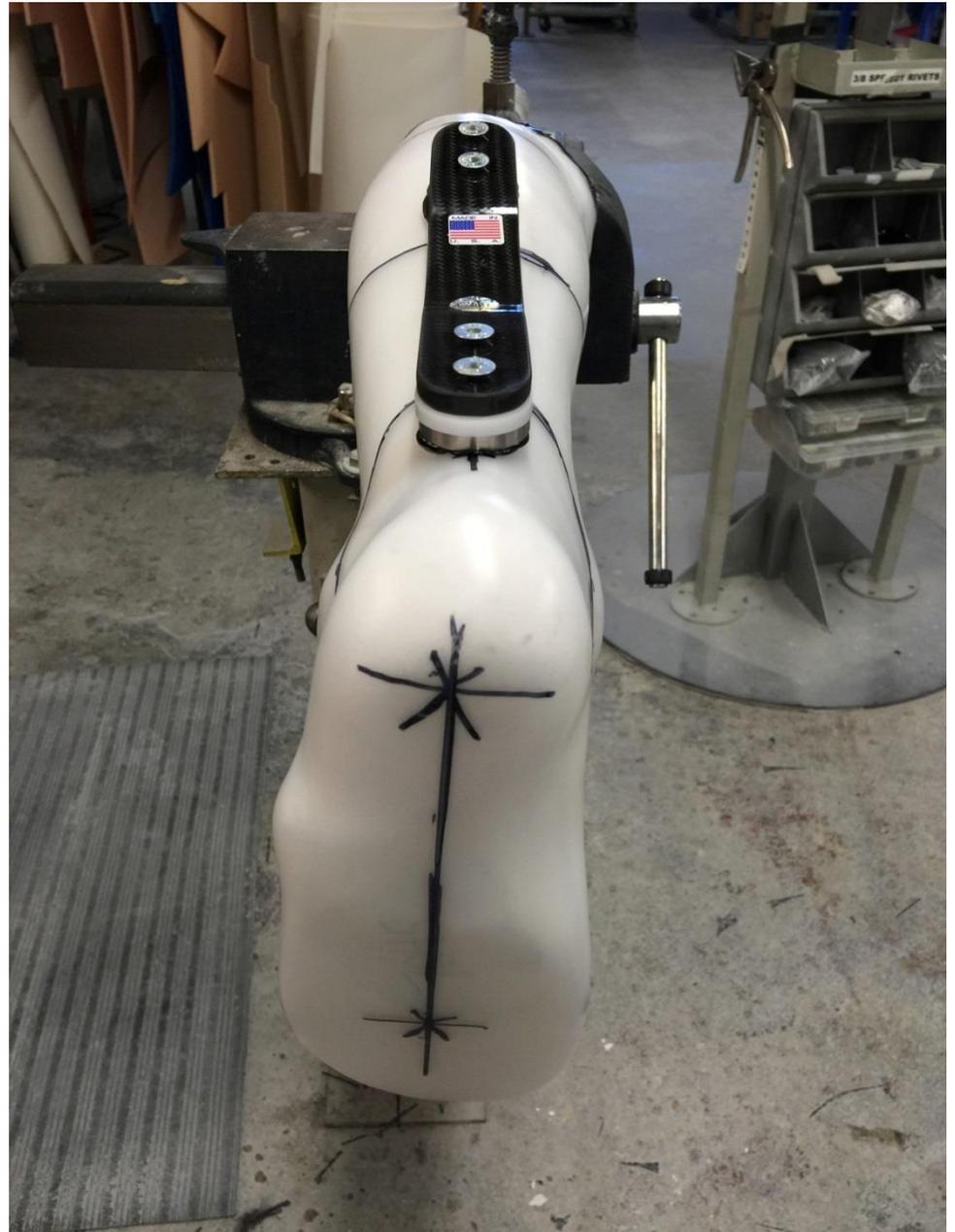
*Note: Hallowed machined cavities  
face model.*



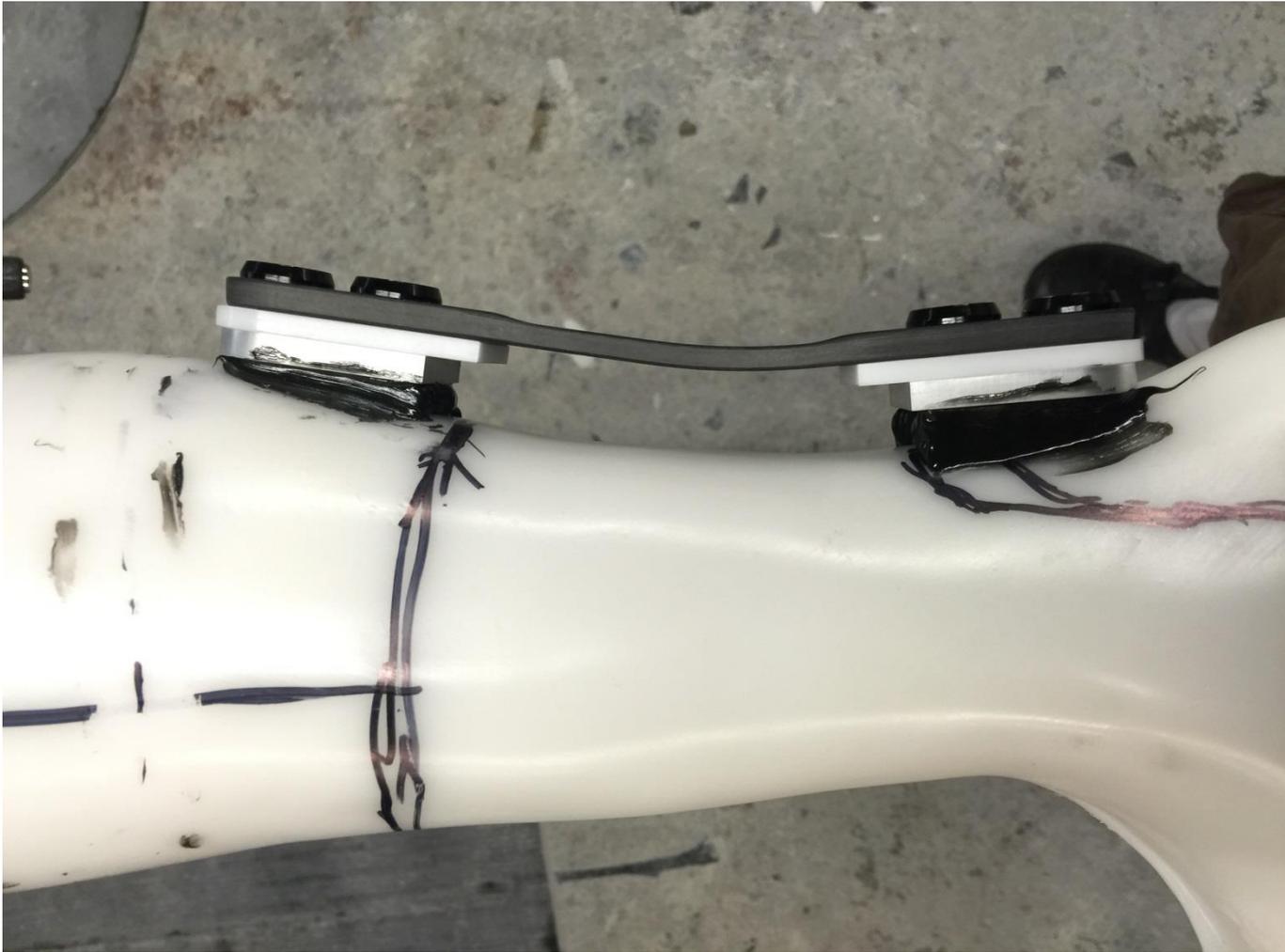
Place assembly on model in alignment.



The face of the spring should be level.







Fill any undercuts to minimize air issues during lamination.



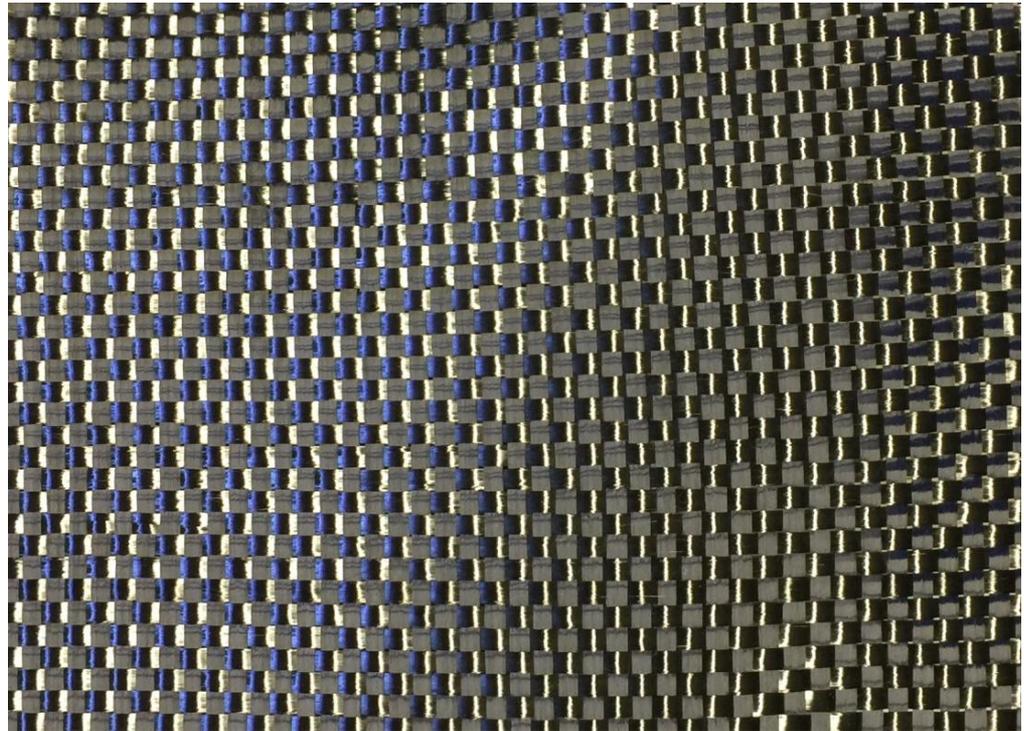
Remove attachment screws from the PDE assembly leaving only the anchor plates bonded to model. Insert the set screws from the anchor kit into the anchor plate until they bottom out. Be sure the set screws are treated with a mold release of some type and after the installation the Allen wrench holes are filled with clay.



The layup process uses two materials

12K  $\pm 45^\circ$  Carbon Fiber  
Braid.

12K 0/90 Carbon Fiber Tape



Standard 12k weight 45° degree carbon tubular braid.

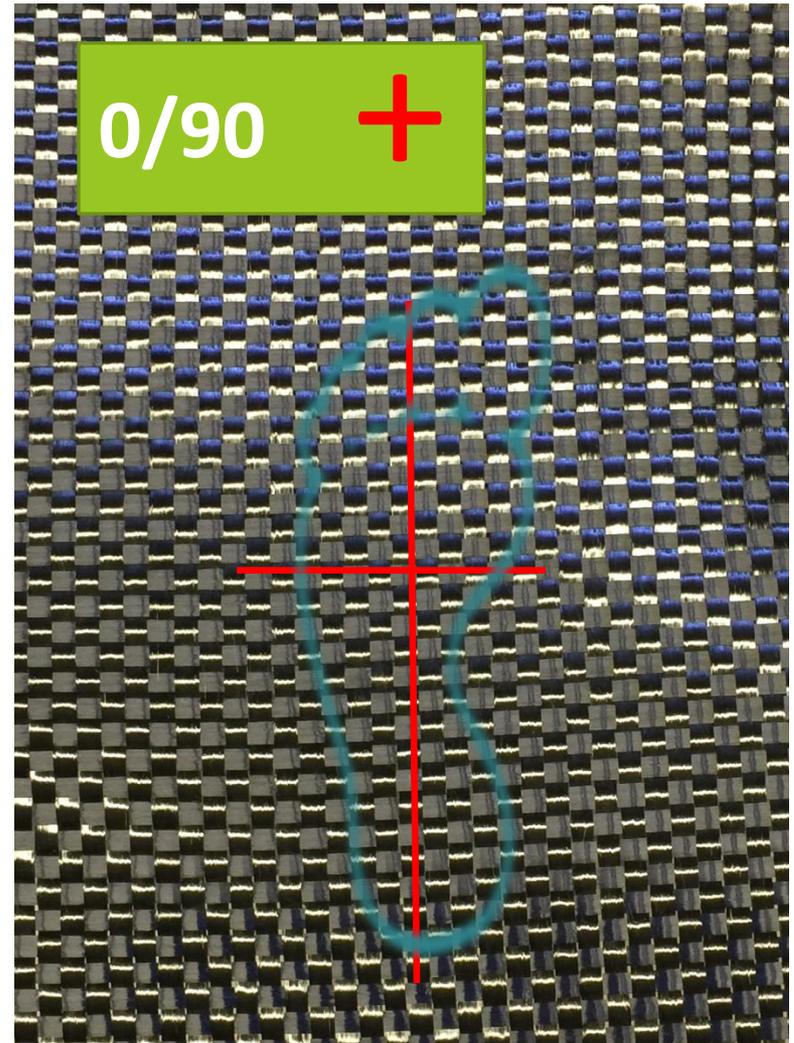
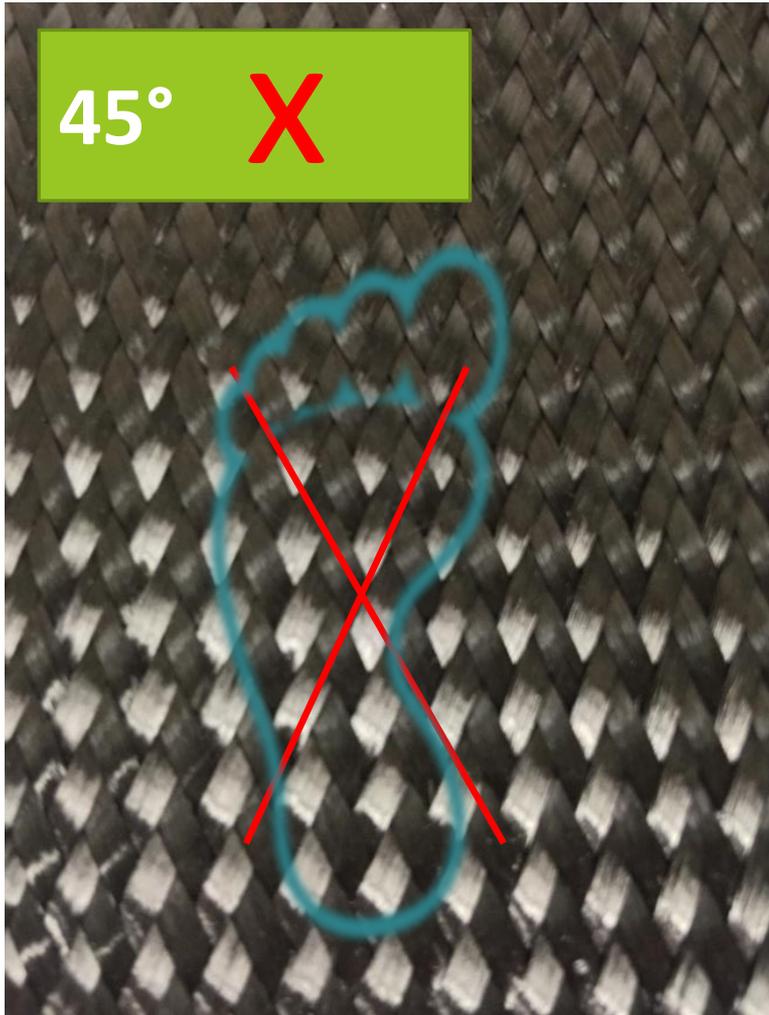


Fabtech CT6 12k weight 0/90 carbon tape.

Note: Fabtech CT6 12K carbon tapes are available in 10ft and 50ft sections.



# Fiber Orientation





The correct amount of fiber must be used and it must be placed in the correct fiber orientation 45° degree **x** or 0/90 **+**.

*Alterations to this recommended minimum layup or materials substitutions will be at your own risk.*

# Cuff Section Material Lay-up



# Proximal Cuff Material Lay-Up Schedule

Apply the carbon in the following order using a light application of spray adhesive.

- 2ea layers 12K /45° degrees Carbon fiber braid. (Item# BCS6)
- 1ea layer of 12K 0/90 Carbon tape. (Item# CT6)
- **\*\*If using BOA Closure, add here between layers of 12K 0/90\*\***
- 1ea layer of 12K 0/90 Carbon tape. (Item# CT6)
- 1ea layers 12K /45° degrees Carbon fiber braid. (Item# BCS6)
- 1ea layers 12K /45° degrees Carbon fiber braid over foot section and upper cuff. (*See foot plate instructions as this is the final layer before lamination*)

# X

Cover entire cuff section with 2ea 12k carbon braid oriented 45° degrees. Be sure and bring set screws through the spaces in the fabric. Ensure the layer is evenly glued down with no wrinkles gaps or bridging.



Note: All materials are run over the attachment plates. Keep materials even and flat on plate surfaces.





Add a layer of 0/90 carbon tape oriented as shown over anchor.





Wrap 0/90 carbon tape around model to the midline.

Trim any excess that goes past midline.



If the 0/90 carbon tape did not extend to midline, cut an extra piece of carbon tape and add so it extends to midline.





If using the BOA Closure System, add it now.





Make sure the Teflon™ tubing and routing all line up and are in the correct position that was established earlier. Adjust if needed.





Add a the second layer of 0/90 carbon tape and trim at midline



Form 12K 0/90 carbon tape over the BOA Closure System. Make sure it “locks” the system in well, as this will help hold it in position when laminating with resin.



Add the plastic tooling spacers.



Note: Make sure lamination screws are exposed from underneath carbon materials.



Lamination set screws should look like this.



X

Cover the proximal cuff in the final layer of 12K Carbon braid.



# Foot Plate Material Lay-Up



# Foot Plate Material Lay-Up Schedule

Apply the carbon in the following order using a light application of spray adhesive.

- 2ea layers 12K /45° ° degrees Carbon fiber braid. (Item# BCS6)
- 3ea layer of 12K 0/90 Carbon tape. (Item# CT6)
- 1ea layers 12K /45° ° degrees Carbon fiber braid. (Item# BCS6)
- 1ea layers 12K /45° degrees Carbon fiber braid over foot section and upper cuff.

*This presentation is our recommended minimum Lay-up schedule. More material may be needed for heavy or highly active users.*

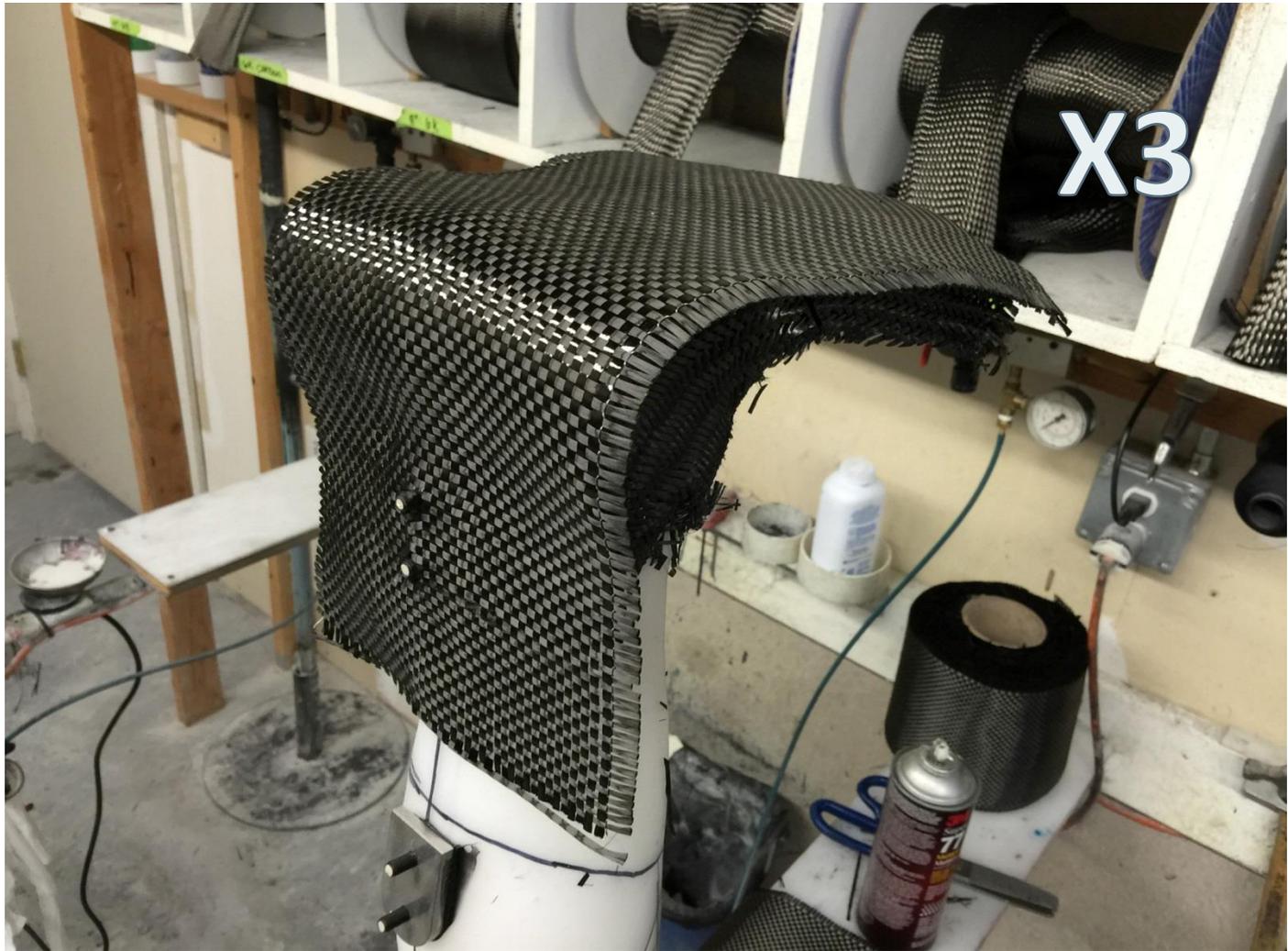
X

Cover the footplate in 2ea layers 12K carbon braid at 45° degree orientation.



Trim off excess material.

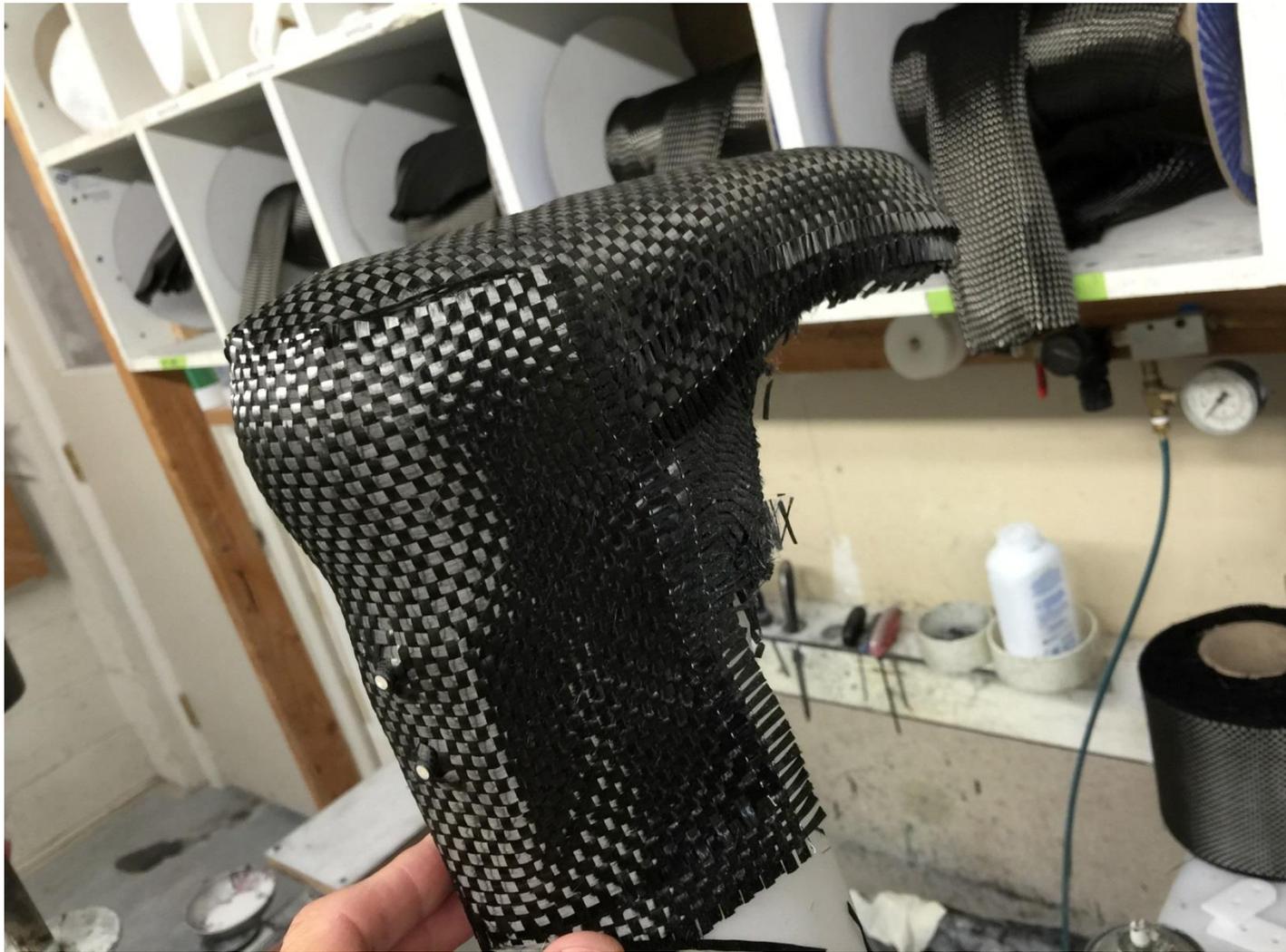




Cover footplate with 3ea layers CT6 12K carbon tape in 0/90 orientation.



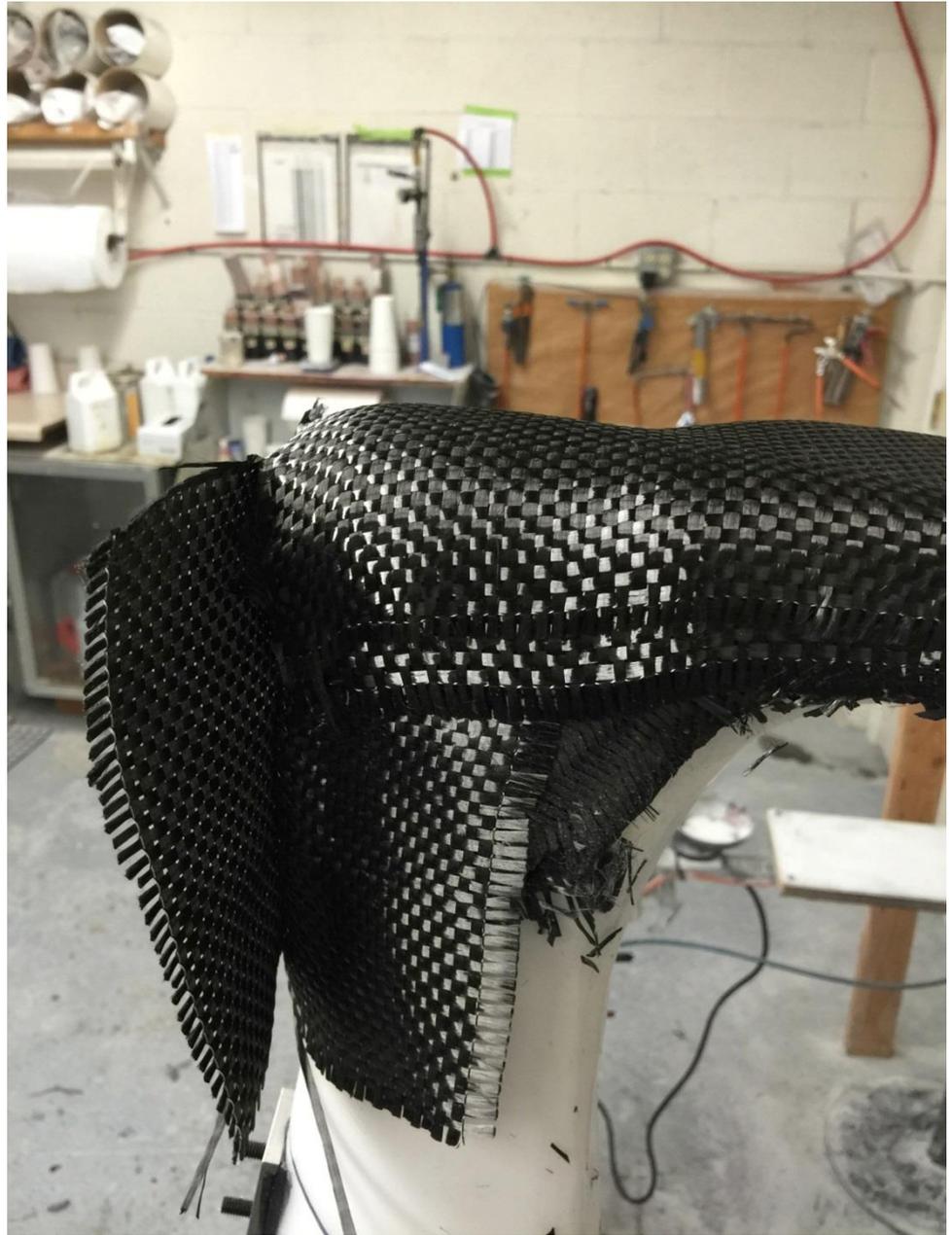
Cut fabric to contour around footplate.



Keep fiber orientation straight.



*Note: This is the **minimum** reinforcement at three layers. four layers are common with higher activity*



X

After all CT6- 12K 0/90 carbon tape layers have been added cover with 1ea layer of 12K carbon braid at 45° degrees.



Place the lamination dummies on the model with the exposed set screws to hold it in position.

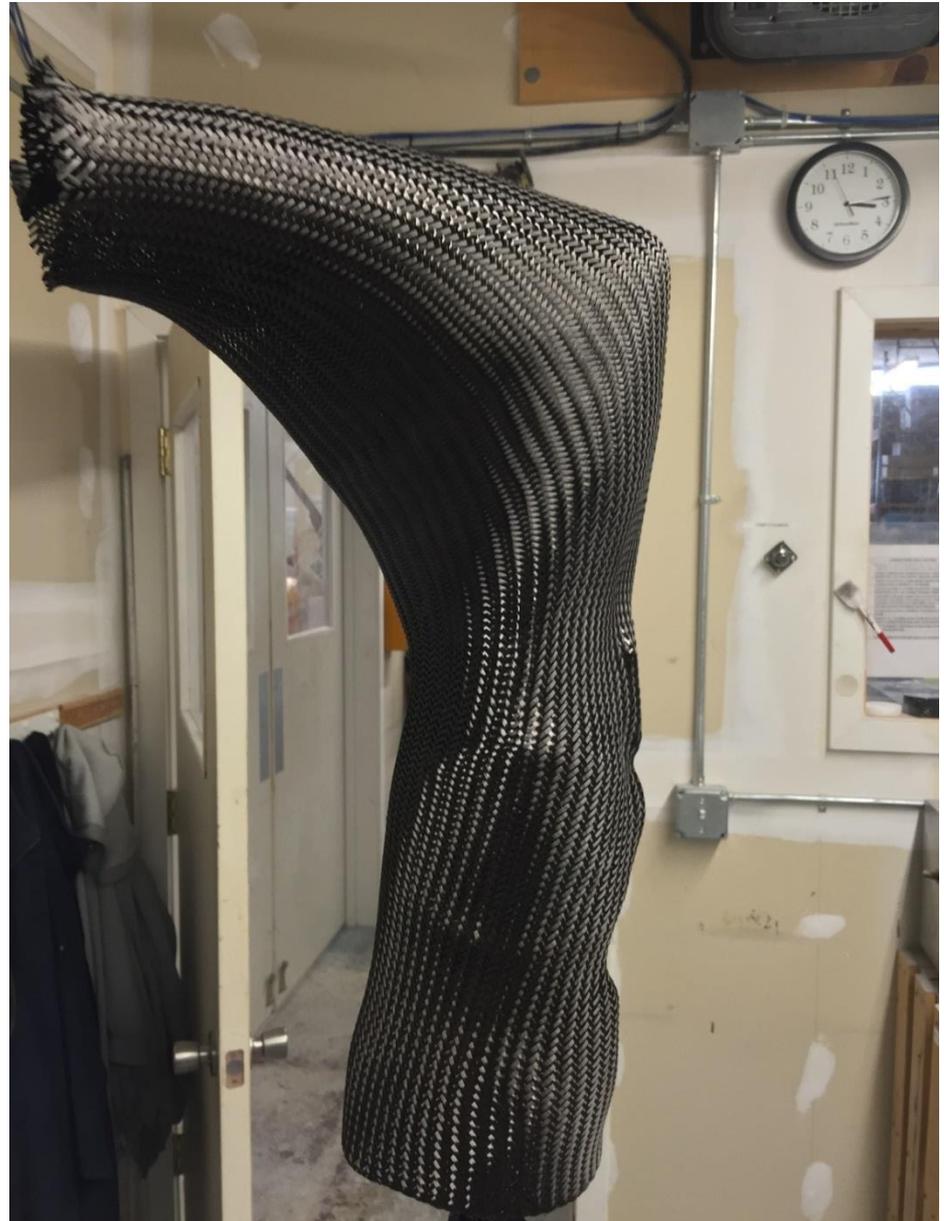


X

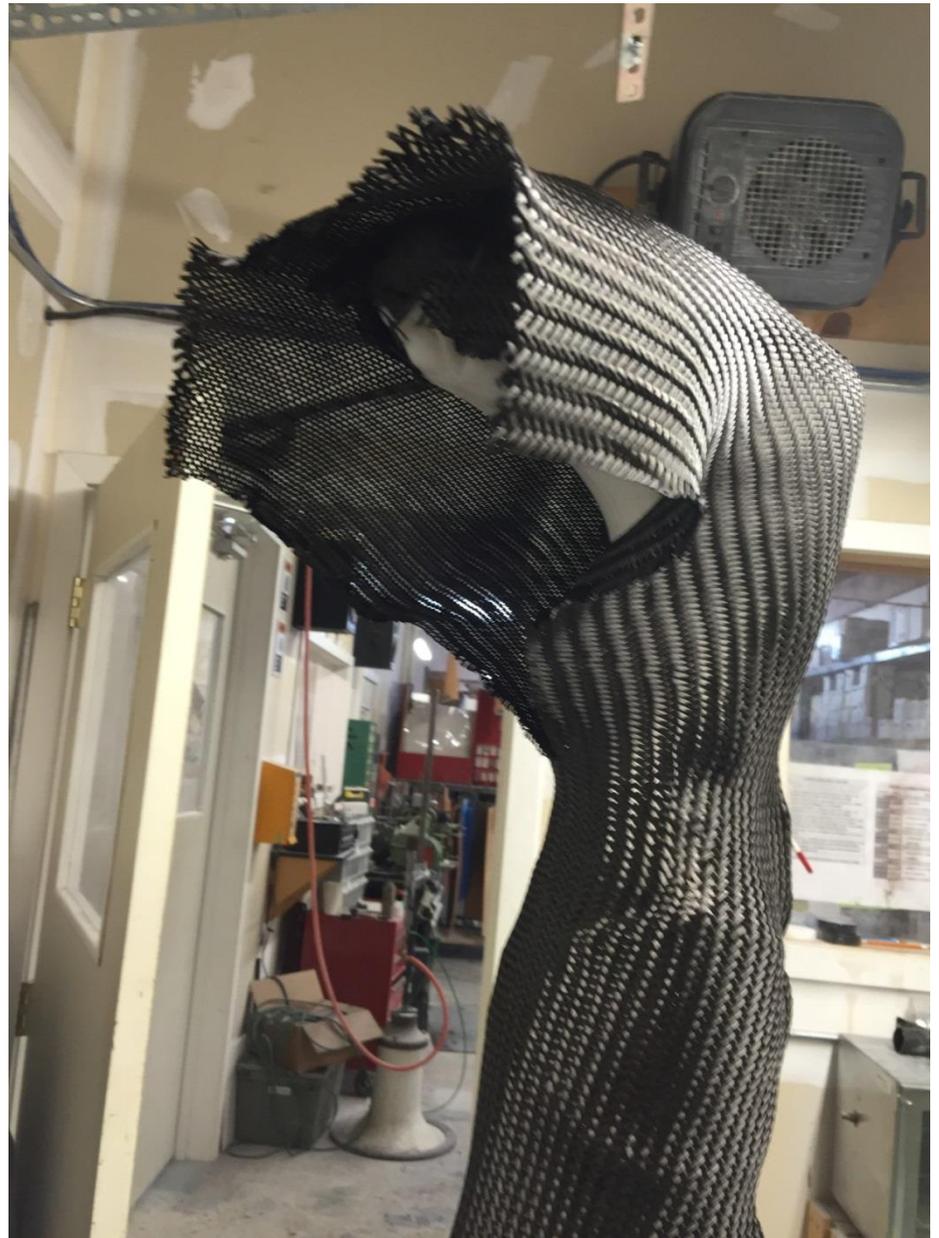
Cover the entire model in a final layer of 12K carbon fiber braid at 45° degrees.



*Note: This is the last layer of 12K Carbon braid. Both the upper cuff and foot plate should have a total of 4ea layers now.*



Split the final layer open by the ankle to get the fabric to lay down nicely.



Use tape or spray glue to secure loose ends.





Laminate with a minimum of 500grams of Epoxy resin. PN:RES1.

*Note: Epoxy resin is recommended for durability.*





Special attention should be paid to the foot plate as it needs to remain flat and true for the device to function properly. When the resin has starting to gel it is recommended to roll the foot plate. This can be done with a section of prosthetic pylon or a aerosol can.

Once the resin has fully cured cutout and assembly can begin using standard techniques.









**Additional Boa closure information can be found at the web addresses below.**

[https://www.youtube.com/watch?v=70y\\_UYVebvw](https://www.youtube.com/watch?v=70y_UYVebvw)

<https://www.clickmedical.co/resources/video-gallery>

**PDE™ Modular Composite Spring System**